

Slow Down

Words & music by Danielle Bisutti (Copyright © 2003)

Once there was a man
Days before his end
I came around to see
What words of wisdom said
He said, "all these years spent wandering
To reach some fine conclusion
Seem so silly to me now
Theres no perfect answer
To ease the pain of wondering
What my life will be and everything"

I said, "I dont know why
I'm filled with this drive
To want so much more than I have"
He looked at me, practically free
And do you know what He said?
He said

SLOW DOWN
SLOW DOWN

It's all right here in front of you
The answers lie inside you
Won't you take it from me
There's no mystery
If I could do it all again
I'd spend my time believing
I had ALL I NEED
To live life free

Once there was a man
Hours before his end
I came around to see
What words of wisdom said
He said, "If seeing is believing
Than why not trust the moment
That you have at hand
Please understand
It's delicate and dangerous
This life force moves inside us
And it knows what lies
On the other side"

I said, "I dont know why
Im filled with this drive
To want so much more than I have
He looked at me, practically free"
And do you know what He said?
He said

SLOW DOWN

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It's not at the journeys end
The happiness is lingering
In between of every scene
If I could do it all again
I'd spend my time receiving
All the LOVE THAT BREATHES
In everything